



## Veronique N. Valliere, Psy.D. List of Trainings

**“Toxic,’ ‘CANCELLED,’ and Ghosted: Society, Conflict, and Change.” – V. Valliere, PsyD** - *Society has become rife with conflict, as well as our failure to address it. Hostility, avoidance, and inadequate conflict skills are leading to our failure to grow and change together. An exploration of dealing with high conflict effectively, as well as the social trends that are impacting our abilities will be presented in this training.*

**“Myth of Supervised Visitation” – V. Valliere, PsyD** – *Often, supervised visits are ordered with the best intentions – to protect the children. However, abusers find ways to manipulate, abuse, and terrorize children or the non-abusive parent even under supervision. This training will explore the potential pitfalls of relying on supervised visitation, using real case examples, as well as provide information and strategies to ensure child safety.*

**“FAIL: How the system fails victims” – V. Valliere, PsyD** *Victims continue to suffer, not only at the hands of the abuser, but during investigations, by prosecution, and in the hands of society. The system is still replete with myths, misinformation, and misguided efforts in assisting victims and identifying perpetrators of interpersonal violence. This training will highlight these areas through research and experience, as well as provide guidance for professionals involved in the investigation, prosecution, and treatment of violence . “The*

**“King, the Crook, and the Con – Narcissistic, Antisocial, and Psychopathic Personalities” - V. Valliere, Psy.D** – *Character pathology is a factor highly correlated with persistent violence. Dr. Valliere will discuss the personalities most often associated with violent behaviors, as well as expose the illusion of “normal” that personality disorders initially create.*

**“Trauma Sucks and So Do You!” – V. Valliere, Psy.D.** *Trauma can make victims reactive, defensive, and irritable. Often, helpers can be the target of the anger and fear that the victim is experiencing, making dealing with victims sometimes trying and frustrating. Trauma will be discussed, as will the benefits the offender gets out of the victim’s trauma.*

**“Hijacked: How our acceptance of porn and pimps has taken our sexuality and safety ” – V. Valliere, PsyD** *Dr. Valliere will explore the how social acceptance of the culture of power, conquest, and exploitation has facilitated the success of offenders, taken our sexuality, and compromised our safety. The connection between social norms and sexual and domestic violence will be highlighted. Also, reflections of how society supported them will be offered, gathered from offenders reflecting on how society justified their offending.*

**“Blinded by Bias: How Offenders Prey on Ignorance” – V. Valliere, Psy.D.** *Dr. Valliere will explore our own biases and how offenders rely on our misinformation, denial, and antipathy towards victims allows offenders to continue to succeed in their abuse of our men, women and children, as well as contribute to an abuse tolerant society.*

**How to get away with a sexual offense – V. Valliere, PsyD** - *Despite education, despite #MeToo, offenders get away with sexual offense and private crimes at an alarming rate. This training will provide education about the tools and techniques of sexual offenders, how they groom the victim and the community, and how society facilitates the success of offenders. Video and case studies will be used.*

**“Unmasking the Sexual Offender” - V. Valliere, PsyD** - *Sexual offenders are highly duplicit, manipulative, and effective at exploiting our lack of understanding of deviance and character pathology. They rely on victim response and rape myths. This training will offer practical information to challenge beliefs and explain deviance in offenders. Paraphilic and personality disorders will be examined as pathways to sexual offending.*

**“Victim Response to Interpersonal Violence” – V. Valliere, PsyD** – *Victims react to assault and abuse in ways that don’t seem to make sense to observers who project expectations onto victim’s response. This training will help explain and illuminate victim decisions and the offender’s influence over the victim behavior. Clinical research regarding trauma, memory, disclosure, and resistance will all be presented to guide the audience’s understanding of victim response to interpersonal violence.*

**“Please just hit me! Understanding the terror of psychological abuse” – V. Valliere, PsyD** *Psychological abuse is the most common form of violence, but it is under-identified and underestimated in its potential to create damage. Dr. Valliere will describe the types of psychological and emotional abuse used by abusers of all types, as well as explain the impact on the victims. Case examples will be offered, as well as strategies for identifying this type of abuse in investigations and prosecution.*

**Shades of gray: How bias impacts our perception and decision making – V. Valliere, Psy.D.** – *Bias is a normal cognitive process that can help or hinder our perceptions and judgements. Bias is particularly powerful and important to understand when dealing with issues of interpersonal violence. The utility, types, and danger of bias will be explored in this training, as well as strategies to minimize the negative impact of bias in our decision-making.*

**“The Puppet Masters: Manipulations of Offenders” – V. Valliere, Psy.D.** – *Offenders are highly adept at manipulating the victim prior to, during, and after the offending. Additionally, it is generally unattended to or underestimated how the offender organizes and manipulates the community and observers as well. This training will reveal and describe the types of manipulations of offenders, using practical examples, and describe the impact on the victim and others responsible for understanding, managing, and treating offenders.*

**“The Deadly Dance: Domestic Violence Offenders and Their Victims” – V. Valliere, Psy.D.** *Domestic violence is a common and potentially lethal crime that is private and intimate. This training discusses the techniques of the intimate violence offender, including oppression and coercion that are little understood by others. Risk assessment and lethality factors are discussed as well. This training is important for all who treat victims or offenders or those who supervise and investigate domestic violence.*

**“The Invisible Victim: The Non-Offending Parent – V. Valliere, Psy.D.** - *The non-offending or non-protecting parent is often the vilified and overlooked victim of the offender. While some partners purposefully protect the offender, most are overwhelmed by grief, victims themselves, and manipulated and deceived by the offender. This workshop will provide insight into the experience of the offender’s partner, exploring the impact of the abuse on the parent and the profound influence of the offender. Intervention strategies will be provided.*

**“HINDSIGHT 2020 – How COVID, Isolation, and Technology Has Changed Us.” – V. Valliere, PsyD.** *COVID, isolation, and technology provided the perfect storm for the dramatic rise in domestic violence, child abuse, hate crimes, and gun violence. Our society is facing the challenges of estrangement, alienation, and division. This training provides a retrospective examination of how our society has been changed by the pandemic and the emergent social justice issues, both in terms of the detrimental impacts on adults and children as well as the silver linings that have been revealed and reflect our growth, resilience, and flexibility in the time of crisis.*

**“The cost of fear: How living in fear affects our reasoning” – V. Valliere, Psy.D.** – *Living in a state of chronic fear and anxiety has a profound and complex impact on our psychological and physiological functioning. Some of the*

*impact of the pandemic crisis can be explained by the pervasive level of fear that our society has had to cope with in the past two years. Fear as a physiological state will be explained. Strategies to decrease its impact for the self and clients will be offered.*

**“MYTH-Information: The inaccurate, erroneous, and false ‘truths’ about interpersonal violence” – V. Valliere, PsyD** *Recent high profile cases have highlighted the persistence of misinformation and myths about interpersonal violence, including those about victims, perpetrators, injury, risk, and mental illness. This training will review the most entrenched of these and provide education to assist the audience in understanding and combating the perpetuation of faulty information.*

**“Stalking: Identifying and Combating the Relentless Terror” – V. Valliere, PsyD** *Stalking is a profoundly terrorizing behavior. This training will explore who does it, how to understand and identify it, and what to do about it. This training will provide a focus on understanding the behavior and the stalker in the proper context – the one meaningful to the victim.*

**“Fractured – The Impact of Domestic Violence on Children” – V. Valliere, PsyD** *This training explores the impact of domestic violence on children – psychologically and emotionally. It will also address how domestic violence offenders weaponize parenthood to further their abuse of the victim. Domestic violence’s effect on family dynamics, relationship to abductions, and demonstration through the custody process will be examined.*

**“Crossroads: When Adolescent Deviance becomes Adult Deviance” – V. Valliere, PsyD** *This training identifies the factors associated with the risk for adolescents to develop adult sexual deviance and personality pathology.*

**“It’s not the sex Stupid! The Non-Sexual Dynamics of Sexual Offenders” – V. Valliere, Psy.D.** *Sexual deviance is characterized by non-sexual aspects of the offending – power, manipulation, smell, non-consent, and other sources of arousal. This training will use real examples to practically explain how deviance works and demonstrate the multiple non-sexual sources of arousal for offenders.*

**“Crossroads: When Adolescent Deviance becomes Adult Deviance” – V. Valliere, PsyD** *This training identifies the factors associated with the risk for adolescents to develop adult sexual deviance and personality pathology.*

**“Violent Offenders: Supervision, Management, and Risk Assessment” – V. Valliere, PsyD** *This training identifies the factors associated with the risk of violence and reoffense, as well as provides information and strategies to provide effect management and supervision of the violent offender.*

**“Ethical Issues in Forensic Work” – V. Valliere, PsyD & B. Beckwith, PsyD** *This training will explore a variety of ethical issues clinicians face unique to forensic work. Topics include: identifying the “client,” ownership of reports, use and release of test data, release of information and records, redisclosure of information, and other topics generally not faced by most clinicians. Because work in interpersonal violence has a much higher likelihood of court involvement, this training is critical for clinicians in the field. **Provides 3 credits for ethics.***

**“Ethical Issues in Conflict and Change” (part 1) V. Valliere, Psy.D. & B. Beckwith, Psy.D.** *– Coddling, colluding, or caring? How do you help clients effect change? Is the goal to be on the client’s “side”? Are you empowering or enabling? This training will explore the ethical issues involved in conflict and change – what helps and what hurts, as well as defining our role and responsibilities as helpers. Qualifies for ethics credits for attorneys, psychologists, counselors, PCACB, and social workers.*

**“Ethical Issues in Working with Victims” – V. Valliere, Psy.D. & B. Beckwith, Psy.D.** *– Appropriate for all disciplines, this training will address a variety of ethical issues and challenges inherent in working with victims of violence. The topics will include professional and personal boundaries, the importance of role definition and communication, protection of records, risk assessment, and reporting requirements. Self care as an ethical issue*

will be addressed as well. Qualifies for ethics credits for attorneys, psychologists, counselors, PCACB, and social workers. (3 hours)

**“Ethical Issues in Working with Personality Disorders” V. Valliere, PsyD & B. Beckwith, PsyD** – Most professionals are not trained in understanding personality disorders. These disorders are unique in their persistence, pervasiveness, and risk to others. All professions dealing with interpersonal violence should understand the particular ethical issues presented in working with these individuals, especially those with a history of violence or maltreatment, including assessment of risk, potential for effective treatment and rehabilitation, and type of treatment needed. Qualifies for ethics credits for attorneys, psychologists, counselors, PCACB, and social workers.

**“Ethical Issues in Working with Violence” – V. Valliere, Psy.D. & B. Beckwith, Psy.D.** – Most professionals are not trained to anticipate and negotiate the ethical issues in work with interpersonal violence. This training will discuss issues such as client/victim lethality issues, mitigating retaliation, sharing information, and understanding risk issues. Qualifies for ethics credits for attorneys, psychologists, counselors, PCACB, and social workers.

**Ethics and technology for mental health professionals - V. Valliere, Psy.D. & B. Beckwith, Psy.D.**– Mental health professionals, like everyone else, can benefit from the use of technology to provide service, manage their practice, and build their professional reputations. However, these same professionals face significant ethical dilemmas in the use of technology with clients. The issues of confidentiality, HIPAA, privacy, self-promotion, advertising, and dealing with reviews are all challenges to navigate. Is texting a violation of confidentiality? How do you maintain ethical and professional boundaries using technology? What are some of the potential pitfalls with social media? How do you handle your online profile? Is telehealth for therapy effective and professionally responsible? All these topics must be negotiated for the professional that hopes to utilize technology to facilitate mental health care.

### **Bradley R. Beckwith, Psy.D.** List of Trainings

**“Does Assaulting Your Own Kids Make You a Low Risk?” – B. Beckwith, Psy.D.** There persists a myth that “incest dads” are not a danger to other children in the home or children outside the home. Dr. Beckwith will discuss the science and the impact that misinformation can have on protective decision making for children and management.

**“Risk Factors for Future Violence” – B. Beckwith, Psy.D.** There are many risk factors related to the risk of violence, including child abuse and domestic violence. Failure to identify and integrate these factors in decision making can lead to lethal consequences. Dr. Beckwith will discuss the risk factors, including the fluid nature of risk.

**“Collateral Damage: How the Offender Impacts the Community” – B. Beckwith, PsyD** Offenders not only dramatically impact the victim directly, but they have a profound influence on the community as well, effectively manipulating judges, juries, law enforcement, and social supports. This training will focus on identifying and combating these influences, including intervening clinically in victim retaliation or educating families for supporting victims of violence.

**“Anxiety as a Reaction to Change” – B. Beckwith, Psy.D.** - From emotional support animals to cancel culture, there is a push in our society to focus more on inclusiveness and meeting the unique needs of each person. This is a sign of progress, but are we now limiting our exposure to anxiety and conflict? How does this impact development of resiliency and healthy coping skills? This training will address these and other issues as there is evidence that entitlement is a growing personality trait in our society and is associated with problematic adjustment. This training will explore how our society evolved way and how it may impact our ability to manage daily stress, anxiety, and trauma.

**“Why Didn’t We See This Coming? Identifying Risk Factors in Catastrophic Violence and Mass Shootings” – B. Beckwith, Psy.D.** *Surprise and disbelief often follow mass shootings and other types of catastrophic violence. There is scramble to answer the question “why” in hindsight, while many times the factors have been easily identifiable preceding the events. Dr. Beckwith will identify risk factors for this type of violence and explain how we often look “in all the wrong places.”*

**“Alcohol and Violence – A Misunderstood Correlation” – B. Beckwith, Psy.D.** *Alcohol is often cited as a causal factor in violence. However, though alcohol contributes to and facilitates violence, it is not causal, but an exacerbating risk factor for violent offenders. It is also used effectively as a date rape drug for sexual offenders. Dr. Beckwith will explain the relationship between alcohol and violence, addressing misinformation*

**“Serious Mental Injury – What is it and How Do You Address it?” – B. Beckwith, Psy.D.** *Serious mental injury is Pennsylvania’s attempt to capture the trauma and psychological injury produced in victims of child abuse, regardless of the source. This training will define serious mental injury, discuss possible diagnoses related to the finding, and identify possible sources of mental injury that are atypically identified as child abuse, like exposure to domestic violence.*

**“Co-opted by the Offender: Strategies to Understand and Resist Alignment with the Abuser” – B. Beckwith, Psy.D.** *Offenders are highly effective at manipulating others and exploiting prosocial feelings and interaction. They can utilize myths and misinformation to mislead others and facilitate their victimization of others. This training will explore offender strategies, including control of information and other’s perception of the victim, to better arm investigators and helpers against being co-opted by the offender.*

**“The Kids are Alright – Right?” – B. Beckwith, Psy.D.** *Our world has changed significantly over the past 18 months. As a society we have become increasingly reliant on technology. Children may be the most affected group by these changes in technology. Dr. Beckwith will discuss cyber sexual abuse, stalking, and bullying. This presentation will focus on social media platforms and how children and other vulnerable populations have been targeted during this time. Additionally, this training will provide information about warning signs and potential interventions.*

**Are you f\*ckin’ kidding me? How reasonable people believe unreasonable things – B. Beckwith, Psy.D. (part 1)** *– The pandemic has provided a ripe opportunity to explore and understand how people can adhere to beliefs seem completely counter to knowledge and evidence. This includes conspiracy theories as well as believing the obvious denial of offenders in spite of evidence. An exploration of the factors that facilitate these beliefs as well as strategies to counter those beliefs in clients will be presented. (3 hours) \*\**

**“Personality Pathology in Female Child Abusers” – B. Beckwith, PsyD** *– Several case studies in child abuse, including medical abuse, will be used to explore the personality characteristics and pathways to abuse in female child abusers. Treatment goals and interventions will be explored.*

**“Serious Mental Injury – What is it and How Do You Address it?” – B. Beckwith, PsyD** *– Serious mental injury is Pennsylvania’s attempt to capture the trauma and psychological injury produced in victims of child abuse, regardless of the source. This training will define serious mental injury, discuss possible diagnoses related to the finding, and identify possible sources of mental injury that are atypically identified as child abuse, like exposure to domestic violence.*

## Trista Dashner, LCSW List of Trainings

**“The Therapeutic Reunification Process: How it’s Done, When to do it, and Who to do it With” – T. Dashner, LCSW.** *Therapeutic reunification between children and an abuser is a complex and strategic process. Reunifying*

*prematurely or in a misguided way can place the perpetrator, child, and family at risk. This training will explain the principles of and offer guidelines for reunification.*

**“Cultural Issues and Help-Seeking” – T. Dashner, LCSW** – *Culture impacts victims in a variety of complex ways that are often unaddressed or misunderstood in the system. From the identification of abuse and maltreatment in the home to help-seeking behavior (whether formal or informal), cultural norms can dictate a victim’s response. Issues of sexual identity, hidden systemic racism, and cultural “excuse making” will be addressed as well.*

**“Growing Pains: Why Change Feels so Shitty.” - T. Dashner, LCSW.** *Understanding that discomfort is part of the process of change and learning to move through it instead of avoid is a critical lesson for our clients. This training will explore the process of change, the necessity of discomfort, and the difference between coping and accepting/processing pain.*