



## Forensic Treatment Services

Forensic Treatment Services is an outpatient violent offender program. We provide comprehensive, intensive outpatient treatment for adult and adolescent offenders.

These include:

- Adult Sex Offenders
- Sexually Aggressive Youth
- Intimate Violence Offenders
- Perpetrators of Child Abuse
- Community Violence Offenders

We adhere to a Forensic model of treatment where protection of others and safety of the community is the foremost goal. Rules are used to structure and help manage offenders. Confidentiality is limited and a support system that is educated and supportive of the offender and victim is developed.

### FORENSIC TREATMENT SERVICES

Valliere & Counseling Associates, Inc.  
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## Forensic Treatment Services



# Violence Intervention, Prevention, Education, and Responsibility

*An effective alternative to  
intervene in, educate about,  
treat, and prevent future  
intimate violence*

**Forensic Treatment Services**  
is a division of  
Valliere & Counseling Associates, Inc.

# The Program

This program consists of an initial assessment to determine the appropriateness of the client for the program, then approximately 28 weeks of group therapy, for 2 – 3 hours per group. Individual therapy will be scheduled per the individualized needs of the client.

All referrals from the Court or other referring agency will require that agency to supply offense information and other relevant referral information to assist in the treatment and evaluation process.

## The Initial Assessment

The initial assessment will consist of a 1½ hour clinical interview, the Hare Psychopathy Screening Version, and the Self-Appraisal Questionnaire, the Spousal Assault Risk Assessment (if applicable), and the Child Abuse Potential (if applicable). These instruments are specially selected to screen out offenders with psychopathic personalities or who pose a significant current risk to another. The Self-Appraisal Questionnaire is empirically based and designed to assess risk of general and violent recidivism, as well as provide a pre- and post-treatment test of change. A report and recommendations will be generated for the referral agent that includes a summary, problem areas, a treatment plan, and recommendations if requested. Risk issues will be described and recommendations will be provided if the client is determined to be inappropriate or pose a current risk. Clients can be referred for an assessment only or for treatment only if an assessment is not required.

A treatment needs assessment answers the referral question regarding if the client needs treatment and what type of treatment is needed. It is a more proscribed and less expensive assessment that addresses the specific referral question and identifies salient risk/management issues.

## The Group Therapy

Clients will be expected to attend 26 lessons provided in group treatment that will include both psychoeducational and therapeutic components. A workbook will be provided to each client that will contain the lessons, information, and homework assignments. The topics will include:

- Gender and Violence

## The Group Therapy (continued)

- Defining violence and abuse
- Myths about violence and abuse
- Isms and Biases that contribute to violence
- Exploitation of vulnerability and weakness
- Dynamics of Violence
- Narcissism and Violence
- The Impact of Violence on Children
- Managing Trigger Thoughts
- Developing Non-Violent Alternatives
- Values Clarification
- Communication without Coercion

The groups will run from 2 – 3 hours per week. Groups will be limited to 15 clients. Clients will be given homework weekly to generalize and practice their skills. They will participate in activities in group to learn new information and develop or reinforce appropriate interpersonal skills. They will be required to have and maintain a workbook developed and provided by Forensic Treatment Services. **Cost: \$50.00 per group**

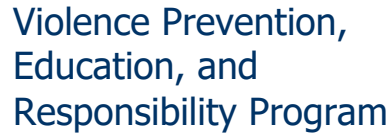
## Individual Therapy

Individual therapy needs will be determined individually. In general, individual therapy will be optional, unless the client is not progressing, is escalating in risk, or voluntarily chooses to participate. At a later stage in treatment, family and/or couples counseling may be offered. If therapeutic reunification is required, a treatment plan will be developed with the victims' therapists and referral agency.

Monthly assessments will be sent to the referral agency. In some instances, client insurance may be used. Payment plans, reduced fees may be available.

## FORENSIC TREATMENT SERVICES

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## Violence Prevention, Education, and Responsibility Program

Violence in a relationship and the community has a profound impact on the victims and families in which violence occurs. Often, offenders are referred for "couples counseling," "parenting," or "anger management" treatment, all of which simplify a highly complex issue and potentially endanger partners and family of the offender. Violence is not a parenting problem or an anger problem. Violence occurs as a result of a foundation of beliefs, values, and distorted thoughts that give the offender permission to react violently to "anger," "stress," or other commonly identified triggers.

Forensic Treatment Services has created a time-limited program to address the beliefs and values, confront the distortions, and build alternative skills in a group and individual forum. Through psychoeducation, therapy, exercises, and collaboration with the supervising or referring agency, the clients will receive remediation, education, and skill development to intervene in and prevent future acts of violence.